



Hands and Hearts Mission



## Preventing Suicide Among Military Veterans

Veterans take their own lives at the rate of 20 per day. Help us help those at risk.

The Stratton VA Medical Center in Albany is asking faith-based organizations to help reach out to veterans, and others, who may have lost sight of their life's meaning and purpose and may want to harm themselves.

The **Hands and Hearts Mission** invites all to attend a presentation by Dr. Joseph Hunter, VA suicide prevention coordinator, and Rev. Bruce Swingle, VA chaplain.

6:30 p.m. Wednesday, June 26, 2019.

Zion Lutheran Church, 102 N. Washington St., Athens, N.Y.

Learn about:

- The magnitude of the suicide epidemic nationally
- The warning signs for a person at-risk
- Sources of professional help
- How you can help

**Questions?** Call Dr. Hunter 518 626-5329, or Tim Mercer 518 859-1356

